

This lesson extends pupils' thinking about puberty and the concept of change throughout our lives. It explores in more detail, some of the feelings associated with change. It helps pupils to consider changes that might occur alongside puberty, including moving to secondary school and the new roles and responsibilities that might accompany this.

Questions your child may ask after the lesson:

- Will I like going to secondary school?
- Did you like secondary school?
- Will I be able to go to school by myself?
- Can I be more independent?
- Did you have responsibilities when you were my age?
- What things were you allowed to do when you were my age?

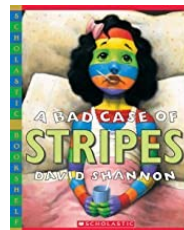


Resources for Parents:

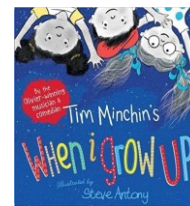
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