

This lesson builds on pupils' learning from key stage one about special people and extends their learning about their close networks and friendships. The focus is on the qualities of good friends, what is most important in a friendship and the importance of friendship in all our lives. This lesson will help to build pupils' understanding of positive, healthy relationships which is explored further later on in key stage two.

During the lesson activities, pupils might mention 'online friends'. Pupils may well be aware that young people or adults may also have friends that they have met online and whom they may or may never meet offline. Whilst it is fair to acknowledge this aspect of friendship, it may also be wise to reiterate the importance of people following safety rules when having contact with others online. Remind pupils that most social media and gaming sites have a minimum age of 13. Reinforce the importance of talking to a trusted adult if they are worried about something they have seen or read online.

### Questions your child may ask after the lesson:

- What do you think makes a good friend?
- Do you have friends?
- Do you have a best friend?
- Why is \_\_\_\_ your best friend?
- Are online friends real friends?



### Resources for Parents:



[Friendship  
Soup](#)



[George and  
Martha](#)



[Big Friends](#)



[Helping Your  
Child Make  
Friends at  
Primary School](#)



[Friendship  
Questions and  
Activities](#)



[Friendships](#)