

This lesson follows on from the previous lesson - What makes a good friend? Sometimes, even good friends have disagreements or 'fall out' – it is important that pupils learn that there are ways to manage this if it happens to them. Pupils should understand that a quarrel does not always mean the end of a friendship and that there are things they can do that might help to mend or strengthen their friendship. To further develop their understanding, pupils explore strategies they can use to try to solve problems that can arise in friendships and to seek help if they need it.

The extension activity involves pupils looking back at example problems that have arisen in friendships. This activity is not meant to apportion blame, but to encourage pupils to think about the consequences of behaviours before acting. It will be important to reiterate that sometimes quarrels do occur and we don't always know why (there may be other factors) but the important thing is they can usually be resolved.

### Questions your child may ask after the lesson:

- Is falling out with friends bullying?
- Can you be friends with someone if your other friends aren't?
- Do you fall out with your friends?
- How do you make up with friends?



### Resources for Parents:



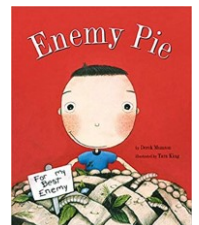
[Help your child navigate friendship problems](#)



[Friend Wanted Activity](#)



[Hector and Hummingbird](#)



[Enemy Pie](#)



[Friendship Struggles](#)



[Anti – Bullying Squad](#)